Counselor's Corner: November 2021 – Kindness Connects Maple Valley 2021

Please join the City of Maple Valley in our 2nd annual Kindness Connects Maple Valley campaign. This campaign was designed as a way to bridge differences and bring people together. The concept is simple. It's a small card with kind words shared with another person. Such a simple act can have a great impact. Sometimes, life can be rough! And some kind words could really brighten a person's day. So, come on Maple Valley – let's spread kindness around our great community!

During the month of November the city is providing kindness cards. We have 4 different designs this year. One for each week of the month. Each week features a different message. These cards are beautiful with fall themed artwork and space on the back to write a personal message. Virtual cards are available HERE on our website.

Week 1 You Belong Here

Week 2 You Are Important

Week 3 You Make A Difference

Week 4 You Are Appreciated

Kindness Cards are available at the following locations:

- Maple Valley City Hall
- Lake Wilderness Lodge
- Village Coffee
- Crown Donuts
- Johnson's Home & Garden
- Maple Valley Black Diamond Chamber of Commerce
- Greater Maple Valley Community Center
- Tahoma School District Office

Feeling inspired? Here are some additional ways to show kindness:

- Pay it forward buy somebody's coffee or meal
- Express gratitude thank a first responder, a teacher, a grocery store clerk, or a supervisor
- Send a letter, card, text, or note to someone you haven't talked to in a while
- Do something nice for a senior citizen
- Volunteer someplace like the Food Bank, Community Center, or Vine Maple Place

Share your stories with us! We'd love to hear how you're participating in the Kindness Connects Maple Valley campaign. Send your stories and photos to our Communications Specialist Sarah.Brenden@maplevalleywa.gov. We might even feature your story on social media!

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." – Maya Angelou

